



# The further education option that allows you to study and develop your skills for success.

If you're aged 16-19 and interested in sports, fitness, coaching or performing arts, our range of courses could be for you. VLUK has teamed up with a number of prestigious venues across the UK to bring you the national Level 3 BTEC programmes, enabling you to study and perform your way to success. We also offer RSL awarding qualifications and VLUK is proud to be rated Ofsted Grade 2 for our high standards in education.

In addition to studying Sport, Performing Arts or Creative Media, you will have access to a range of professional staff and facilities in the heart of the relevant industry, where you will have the opportunity to develop your passion. It's the ideal introduction to a Higher Education course, in either Sports, Coaching, Fitness, Creative Media or any of the Performing Arts, or as a first step to a career in these burgeoning industries.

## The BTEC Qualification

Chosen by over 1 million learners every year, BTECs are vocational qualifications designed to develop skills and knowledge as preparation for employment, higher education, higher apprenticeship or other training.

First introduced over 30 years ago, the proven success of the BTEC programme is leading more and more employers and Higher Education institutions to choose BTEC-qualified candidates for their practical knowledge and employability skills.

## The RSL Qualification

RSL leads the way in the creative industries awarding, founded on a strong ethos of providing innovative and contemporary qualifications tailored specifically for the modern creative sector. Recognised by Ofqual in the UK, RSL's dance and performing arts qualifications provide learners with a pathway to build their skills, gain formal recognition of their talents, and pursue further opportunities in professional performance or education.



## Course Structure

A typical week on a Level 3 study programme consists of a minimum 16 hours of study, usually spread throughout the week, and interspersed with dedicated work experience and enhancement opportunities comparable to that of a professional working and/or performing.

The **BTEC Level 3 National Extended Diploma** and the **RSL Level 3 Extended Diploma in Creative & Performing Arts** are 2 year courses, equivalent to 3 A Levels. The successful completion of these programmes can facilitate going on to university, employment or a subject related apprenticeship.

A TYPICAL WEEK INVOLVES A MINIMUM OF **16 HRS** OF STUDY

## Entry Requirements

### BTEC

To be considered for this programme, you will need at least:

**5 GCSEs at grade 4 and above**

(including English and Maths\*).

### RSL

To be considered for this programme, you will need at least:

**5 GCSEs at grade 4 and above**

(including English and Maths\*).

\* If you have obtained a grade A\*/9-C/4 in GCSE English and/or Maths you no longer need to study it alongside your study programme, although you'll use both English and Maths in your vocational course.

If you have grades D/3 or below, you will need to continue to study on a GCSE course.

At VLUK, we provide weekly taught lessons with a specialist tutor. Here you will be supported in how to pass the appropriate examination, provided with feedback on completed work, and guidance on how to improve.

Alongside this you will be provided with self study materials and additional supported feedback from your designated Maths and English tutor.

## Level 3 Programmes in SPORT

Throughout your time studying on these programmes, you will gain an understanding of all of the physical and practical elements required to be at the top of your game and to help others be at the top of theirs.

### BTEC Level 3 National Extended Diploma in Sports Coaching and Development

This qualification is intended for post 16 learners wanting to progress directly to employment in the sports coaching and development sector.

In addition, the breadth of content in this qualification allows learners to progress to a large variety of Higher Education and Degree level courses.

#### Level 3 Sports Coaching Units include:

- Health, Wellbeing & Sport
- Applied Coaching Skills
- Sport Development
- Sports Psychology
- Developing Coaching Skills



## Assessment

Assessment is specifically designed to fit the purpose and objective of the qualification. It includes a range of assessment types and styles suited to vocational qualifications in the sector. For these qualifications we offer, there are two main forms of assessment that you need to be aware of: internal and synoptic.

If you are unsure about the framework offered via your chosen education centre, contact VLUK or speak to your education centre to find out more.

## Progression

BTEC courses have excellent achievement records with a substantial number of learners progressing onto university. The most popular undergraduate courses are in the areas of Sports Science, Sports Development, PE Teaching and Sports Psychology.

Learners have also used these qualifications to gain entry onto non-sport related degree programmes, as they both have up to 168 UCAS points, depending on the grade awarded.

The qualifications may also provide entry to employment in some sport and recreation related careers, for example a recreation assistant, sports coach, or sports development officer.



50% OF SPORT  
COACHING LEAVERS  
PROGRESSED TO  
UNIVERSITY

THERE ARE  
NO EXAMS  
IN THE  
LEVEL 3  
SPORTS COACHING  
PROGRAMME

## Level 3 Programmes in PERFORMING ARTS

A groundbreaking opportunity to develop your passion for the Performing Arts with unique insight into the industry through unprecedented links to theatres and working professionals.

All sessions are delivered either by our outstanding, experienced tutors or by one of a number of practising industry professionals, ensuring that your training is second to none.

### Qualifications in Performing Arts

Our qualifications in Performing Arts are 2 year full time courses that meet entry requirements in their own right for learners who want to progress to higher education or vocational training at university or drama school before entering employment.

Our courses are carefully designed and tailored to meet the needs, ambitions and aspirations of our learners, at the same time allowing for flexibility to enable further study in all areas of the sector. As well as outstanding teaching, you will participate in an extensive programme of industry experience, which may include masterclasses, work experience and watching professional performances, as well as performing regularly in a range of settings. These experiences make our learners distinct, giving them not just knowledge and experience, but the confidence to stand out from other applicants.

There are three Performing Arts Qualifications offered by our campuses - RSL Level 3 Diploma & Extended Diploma in Creative & Performing Arts, Pearson Level 3 BTEC Diploma & Extended Diploma in Performing Arts (2016) Externally Assessed, Pearson Level 3 BTEC Diploma & Extended Diploma in Performing Arts (2019). Below are examples of modules studied for each:

#### Level 3 RSL Diploma & Extended Diploma in Creative & Performing Arts:

Modules:

- Safe Dance Practice
- Jazz Dance for Musical Theatre
- Acting for the camera
- Acting through song
- Dance technique and performance

#### Level 3 BTEC Diploma & Extended Diploma in Performing Arts (2016):

Modules:

- Musical theatre performance
- Investigating practitioners' work
- Skills and techniques for live performance
- Performing Arts in the community
- Children's theatre performance

#### Level 3 BTEC Diploma & Extended Diploma in Performing Arts (2019):

Modules:

- Performing Arts/Dance/Musical Theatre skills development
- The Performing Arts industry
- Personal Performing Arts profile
- Collaborative project

### Assessment

Our qualifications are equivalent to three A Levels and carry equivalent UCAS points. They are aimed at learners wishing to focus their studies in this sector ahead of progressing to higher education. Qualifications are made up of a range of modules and units which enable learners to acquire substantial cross-sector knowledge in both theory and practical skills. Assessment is based on a combination of units across the two years of the course.

### Progression

Our qualifications are primarily designed to support progression to study at university or vocational schools. However, it also supports learners choosing to progress directly to employment in a range of sectors, as the transferable knowledge, understanding and skills will give learners an advantage when applying for a range of roles. These may include roles in sectors such as teaching and education, creative arts, production arts, youth work and voluntary work.

### Timetable

Our qualifications are aimed at young people who are passionate about the performing arts and are willing to strive towards their ambitions. We have high standards, and expect all learners to meet them.

A typical week will consist of a wide variety of practical workshops and theory classes. Within our qualifications, theory underpins all practical elements, and learners will gain a strong understanding of the history, practitioners and techniques which support their practical learning. Learners may also be given opportunities to take part in specialist masterclasses, theatre trips, work experience and opportunities within their communities.

**EXPERIENCE  
IS YOUR KEY  
TO OPENING  
INDUSTRY  
DOORS**



## Level 3 Programmes in CREATIVE MEDIA PRACTICE

This qualification has been designed to provide post-16 learners with the skills, knowledge and understanding necessary to progress to further education, higher education and training or employment in the industry.

The qualifications are designed for progression and to provide a substantial portfolio as an outcome of undertaking significant projects. The structure of the qualifications is in keeping with current industry practice and university teaching and assessment methodology.

The completion of an extensive portfolio which showcases learners' skills and knowledge will prepare them for progression. Minimising the number of assessment units allows for large-scale projects and provides a holistic learning experience. This enables a diagnostic process that balances development of skills with personal growth and intentions.

### BTEC Level 3 National Extended Diploma in Creative Media Practice

This qualification is aimed at learners who want to progress to employment in the Creative Media industry, or who may aspire to enter higher education.

It is the equivalent of 3 A Levels, and is intended to be taken on its own as part of a full time, 2-year study programme.

#### Level 3 Creative Media Practice Units include:

##### Modules:

- Exploring and developing Creative Media skills
- Advancing Creative Media Practice

##### Subjects covered:

- Creative media skills
- Social media & content creation
- Photo/videography & photo/video editing
- Film/TV/media productions
- Digital design, motion graphics & video effects
- Sound recording & editing
- Digital marketing & market research

## Assessment

Assessment is specifically designed to fit the purpose of the qualification.

It includes a range of assessment types and styles suited to vocational qualifications in this sector.

For this qualification, there are two main forms of assessment: Synoptic and Internal.

**100%**  
INTERNALLY SET  
AND ASSESSED

## Progression

In addition to the creative media sector-specific content outlined, the requirements of the qualification mean that learners will develop the transferable and higher-order skills that are highly regarded by higher education and employers. For example, learners will develop increasing self-direction, reflection and problem-solving skills and the ability to synthesise approaches to their practice.

Learners will also learn to respond creatively to unfamiliar industry contexts and demands, using a variety of skills to communicate personal ideas and intentions while recognising and meeting the needs of audiences. This qualification gives learners the opportunity to develop their technical creative media skills over their course of study, through a process of critical evaluation, practice and review, which are key skills for progression to higher education. The qualification also supports learners in becoming confident in taking ownership of and responsibility for their projects.

The qualification attracts UCAS Tariff points and meets the admission requirements for most relevant courses, such as film, television, video, radio, games, web/app, visual communication, digital media and media subjects.



## Learning with VLUK

VLUK is a registered training organisation with the Department for Education (DfE). Like a College we are directly funded by the ESFA, and subject to the same checks and balances through Ofsted.

We are proud that the programmes we offer have consistent retention and achievement rates of 95%+ per year.

As a learner on one of our programmes, you will be taught in the classroom with a fully qualified, experienced VLUK tutor, many of whom have a strong background in your chosen field.

Every VLUK learner is provided with an **Individual Learning Plan** (ILP).

This is used through regular tutorials with an academic mentor to set and monitor academic, personal and career aspirations throughout your time with VLUK.

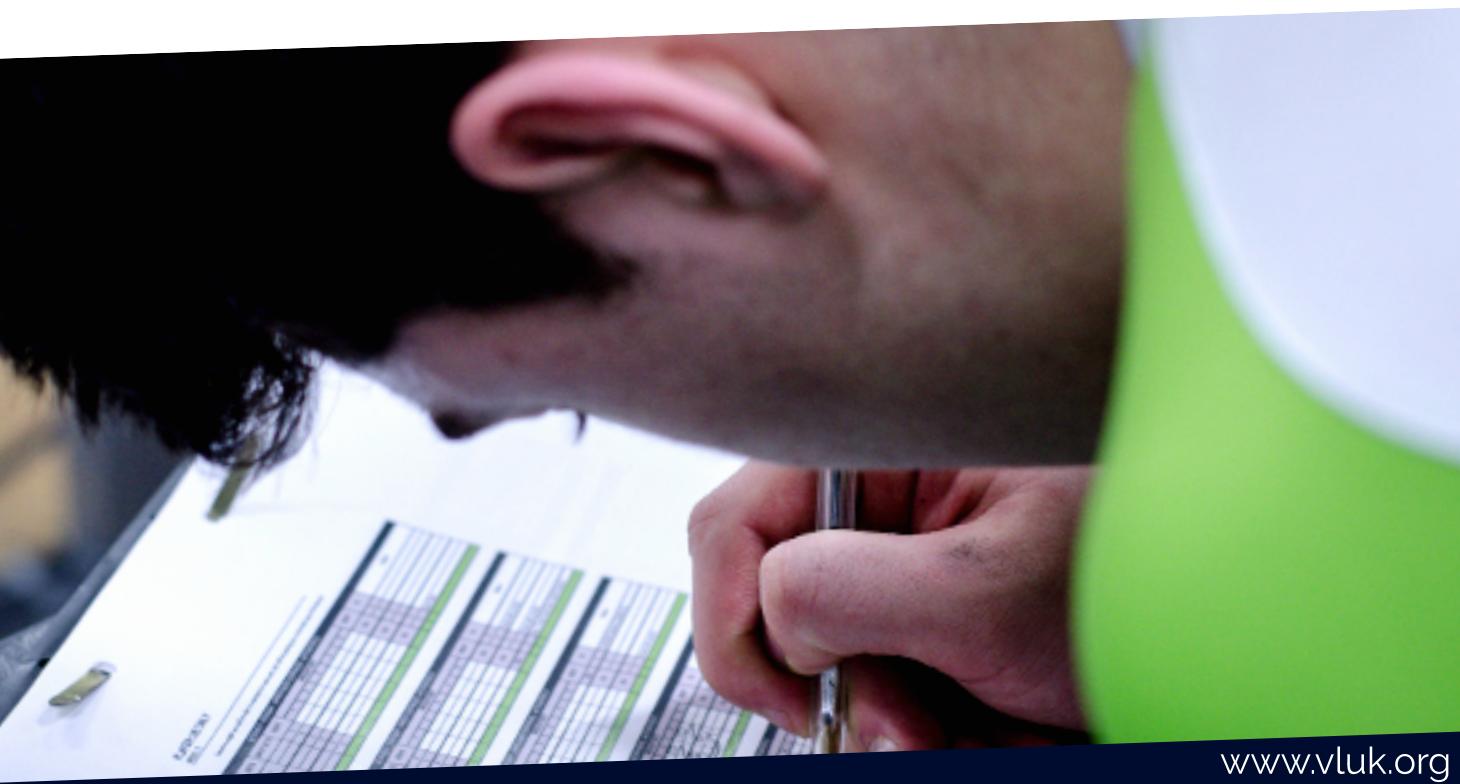
Checkpoints of progress against Minimum Expected Grades (MEGS) are recorded 3 times in each Academic Year. These are used to update and inform the ILP, and reported to parents/guardians through reports and consultation events in each academic year.

## Bursary

All learners are entitled to apply for a bursary to support the education. VLUK will support learners to apply.

Bursary funds are limited and learners should be aware they will not cover all of the costs associated with the programme.

Bursary payments are not guaranteed.



## THE BRAIN

Our bespoke online learning system the **The Brain** is designed to help improve learner engagement and academic success, by making learning more accessible.

To get onto The Brain learning platform, you will be given a unique login, which allows you to easily download work files, complete assignments and share information.

You will have access to everything you need at the click of a button, so that you can study at a time and place that suits you.

To find out more about The Brain & The Sport Brain™ visit [www.vesystems.org](http://www.vesystems.org).



## PRACTICAL TRAINING AND WORK EXPERIENCE

To help you develop industry competence in your chosen vocation, each week you will have the opportunity to participate in practical training under highly qualified, professionals, based in the heart of your chosen industry. Practical experiences depend on the pathways you have chosen, and can also be shaped by the interests you have shown in your ILP.

For example, a sports playing pathway would be likely to include: technical development; tactical and competition set up; physical fitness and game related practice.

Whereas a Performing Arts pathway may see you applying your skills in different performance roles, such as exploring and developing physical, vocal and interpretative styles through live performance.

Many locations also offer industry based work experience, allowing learners to develop an understanding of the specific needs of their chosen vocation, as well as further preparing them for the world of work.

## CAREER DEVELOPMENT

At VLUK, we pride ourselves on supporting you throughout your development and this includes your next steps after completion. Information, Advice & Guidance (IAG) is provided by VLUK tutors and other staff members through the Careers Development Programme. Our aim is to simply provide all our learners with the impartial information, advice and guidance needed to help you succeed in your chosen field. Here at VLUK your best interest is at the forefront of every decision we make.

- To ensure learners make informed decisions about their chosen programme of study.
- To provide clear and concise information regarding the learning aims/objectives of the vocational/academic education programme being studied.
- To support learner's progress and completion of qualifications relevant to their intended career path.
- To provide impartial information, advice and guidance through the Careers Development Programme, which supports decision making around career development and higher education.
- To provide an online careers platform (Xello) which serves as a record of all the employability skills and qualities developed whilst studying with VLUK.

## SUCCESS STORIES



### Brandon Watts - Degree with UCS

After completing a Level 3 BTEC National Extended Diploma in Sport (Coaching & Development) with VLUK, Brandon knew he wanted to continue into higher education. Traditional university didn't feel like the right fit so he chose UCS (VLUK's higher education partner) at the Holbeach campus. Thanks to the strong support and community he had already experienced this proved to be ideal.

While at VLUK, Brandon served as a learner governor, and he has continued this role at UCS, representing fellow students and helping shape the learning environment.

His long-term ambition is to become a PE teacher or coach, with the ultimate goal of reaching the National League in football. Brandon believes the pathway with VLUK and UCS is giving him the opportunity to pursue both his career and sporting dreams.

### Roisin Swift - Film & Television Studies Degree

Roisin excelled in her BTEC Performing Arts course, achieving an outstanding D\*DD in 2025, alongside an impressive A in her EPQ. Her dedication and talent have now propelled her to the next stage of her journey, as she begins a degree in Film & Television Studies at the University of Exeter, where she is set to continue honing her craft and making her mark in the world of performance.



### Joe Uveges - Football Scholarship in US

During his time studying the Level 3 BTEC in Sport at VLUK Basford, Joseph proved himself to be a mature, dedicated and consistently enthusiastic learner in both his studies and training.

After achieving a Triple Distinction\* he continued his journey in the United States on a NJCAA Division II scholarship, Joe is combining football with his studies to become a teacher - a perfect fit for his hardworking and supportive nature. A true role model, Joe's commitment and positive attitude continue to inspire everyone who's worked with him.

### Paddy Henderson - Sports Journalist

Paddy studied the Level 3 Extended Diploma in Sport and went on to university to study Sports Journalism. During his studies, Paddy gained valuable experience working as a Sports Journalist and reporter with the BBC, where he has interviewed many famous faces.

Paddy also worked on the Sports Personality of the Year and at the Cheltenham Races and attributes a large amount of his success to his BTEC qualification.



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